AUTISM? ANXIETY? AUTISM + ANXIETY?
WE HAVE A GROUP THAT CAN HELP!

**What:**
“Facing Your Fears is a program that uses a cognitive-behavioral group therapy approach for the reduction of anxiety symptoms in children with high-functioning Autism Spectrum Disorders (ASD).”
- Judy Reaven, Audrey Blakely-Smith, Shana Nichols, Susan Hepburn

**Who:**
Children ages 8-14 with a formal Autism Spectrum Disorder diagnosis, currently experiencing any anxiety symptoms and their parent(s).

**When:**
Wednesdays 4:30-6:00pm
14 sessions from September—December 2018
***Next group: February—May 2019***

**Where:**
UNM Center for Development & Disability
2300 Menual Blvd. NE, Albuquerque

505-272-9337
MGraham2@salud.unm.edu
for more information and to schedule a screening