Transition from high school is a time of change for students with disabilities. As pediatric physical and occupational therapists, it is our role to help prepare students for transition in partnership with the students and their families. It is the therapist’s role to address transition early and anticipate potential opportunities, needs and barriers before graduation. Knowing what resources are available in the community for work, socialization, healthcare, artistic expression, residential programs, recreation and many other important areas can help us guide our therapy plans. We should try to imagine what a young adult’s life might look like after transition from the school environment and what skills we can help him or her gain for long term success.