“IT’S ONLY NATURAL”
SUPPORTS & SERVICES IN EVERYDAY Routines, Activities AND PLACES
## FIT CORE WORKSHOPS

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Online course may be found at http://www.cdd.unm.edu/ecIn/ECLNOnlineCourses.html
LEARNING OBJECTIVES

• Identify examples of everyday routines, activities and places in a child and family’s life that lead to natural learning opportunities

• Observe and practice the Routines Based Interview (RBI) and discuss its effectiveness in facilitating supports and services into everyday routines activities and places
LEARNING OBJECTIVES

• Develop IFSP strategies that integrate services into everyday routines, activities and places
• Recognize ways to include preschool readiness skills on a child’s IFSP
• Demonstrate an awareness of why providing family-centered supports and services in everyday routines, activities and places encourages a child’s participation in family and community life
WHAT YOU CAN EXPECT FROM US

• Willingness to research correct answers
• Honor start/stop times
• Honor you as knowledgeable
• Respect various learning types
• Strive to achieve a shared understanding
WHAT WE ASK OF YOU

• Attend the entire training
• Participate fully
• Implement new information and support current agency practices
• Complete evaluations
PURPOSE
Participants will use information presented to *describe and illustrate* how providing family-centered supports and services in everyday routines, activities and places encourages a child’s participation in family and community life.
1. Infants and toddlers learn best through every day experiences and interactions with familiar people and familiar contexts.
2. All families, with the necessary supports and resources, can enhance their children’s learning and development.
3. The primary role of the service provider in early intervention is to work with and support the family members and caregivers in a child’s life.
4. The early intervention process, from initial contacts through transition, must be dynamic and individualized to reflect the child’s and family members’ preferences, learning styles and cultural beliefs.
5. IFSP outcomes must be functional and based on children’s and families needs and priorities.
6. The family’s priorities needs and interests are addressed most appropriately by a primary provider who represents and receives team and community support.
7. Interventions with young children and family members must be based on explicit principles, validated practices, best available research and relevant laws and regulations.
8. Support for families in developing strategies to understand, interpret and nurture their child’s development is best achieved through the use of reflective practices.
ROUTINES BASED APPROACH
HUMAN BINGO ACTIVITY
EVERYDAY ROUTINES, ACTIVITIES AND PLACES
RESEARCH FINDINGS SUPPORT:

Activity settings as...

Sources of natural learning opportunities
Contexts for early intervention supports services

Identify any confusion or challenges related to providing supports and services in everyday routines, activities and places.
Parents Talk About “The Toy Bag”
Supporting Pre-literacy at Home and in the Community

- Exploring
- Bathtime
- Shopping
- Outdoor Play
- Mealtime
- Bedtime
- Families' Own Special Routine
Classroom Routines and Activities

- Snack Time
- Outdoor Play
- Clean up Time
- Free Play
- Circle Time
- Center's Special Event
- Music Time
NICHOLAS

• What skills are Nicholas demonstrating?
• What are Nicholas’ needs?
• What could the provider be doing to provide more support?
CODY
CODY

- What skills is Cody demonstrating?
- What are Cody’s needs?
- What could the provider be doing to provide more support?
RBI: WHAT IT SHOULD LOOK LIKE
ROUTINE BASED INTERVIEW
ROLE PLAY
AFTER THE RBI

RBI is more than just a conversation, it is what happens from the moment you walk in the door. It takes observing the families environment in addition to the conversation to get a better picture of the families everyday routines and how they can be better supported.
Out to Lunch!
Children’s Everyday Learning Opportunities

“Everyday life is made up of experiences and opportunities (social and nonsocial activity settings) that are contexts for meaningful and functional child learning and development and mutually beneficial parent/child interactions, strengthening both child and parent competence and confidence.”


CHILD’S INTERESTS
THE FUN FACTOR!

• What makes the child happy?
• What does the child enjoy doing?
• What keeps the child’s attention?
• What encourages the child to try new things?
MAKING THE CONNECTION TO IFSP OUTCOMES & STRATEGIES

Given what you’ve shared about your family’s daily life, what would you like to see happen in your daily routines as a result of early intervention supports and services? For example, “I would like Tony to be able to sit at the table and eat a meal with the family.”

**Outcome #**

Tell us what progress will look like. When would you like to see this happen? For example, “By Thanksgiving, we would like Tony to eat at the table for about 10 minutes and eat alone with the family about three times a week.”

**Strategies:** Who will do what in which everyday routines, activities and places to meet this outcome? As appropriate, document which IFSP team members will implement each strategy.

1. During daily activities, your family (and/or childcare provider) should continue to:

2. IFSP team members will support your family to use the following ideas and strategies:

   1. 
   2. 
   3. 

   Notes or questions that would be helpful:

   Information or resources that would be helpful:

   Co-visit between

   will help us coordinate strategies.
CONCLUSION

• Family-centered supports and services in everyday routines, activities and places encourage a child’s participation in family and community life.

• Every day routines, activities and places lead to natural learning opportunities.
CONCLUSION

• The Routines Based Interview (RBI) is a conversation with a family that gathers information about the child and family’s home and community life.

• IFSP outcomes should be based upon the family’s priorities, be functional, and be developed around a family’s typical routines activities, and places.
Thank you!

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