

SOME MENTAL HEALTH CONDITIONS

COMMON TO PERSONS WITH INTELLECTUAL
AND DEVELOPMENTAL DISABILITIES (I/DD)

DEPRESSION	ANXIETY	POST-TRAUMATIC STRESS DISORDER (PTSD)	BIPOLAR DISORDER	PSYCHOTIC DISORDERS	OTHERS?
<ul style="list-style-type: none"> • Loss of interest in previously enjoyed activities • Sleep disturbances • Isolates • Fatigued or hyperactive • Increased or decreased appetite • Distracted easily • States feeling "sad" or "hopeless" • Says "I want to die" or "I want to hurt myself" 	<ul style="list-style-type: none"> • Restlessness • Easily fatigued • Excessive worry • Physical distress • Fear of a particular object or person • Fear of leaving the house • Sleep disturbances • Irritability 	<ul style="list-style-type: none"> • Persistent re-experiencing of trauma • Nightmares/fear of sleeping/sleep disturbances • Avoiding anything associated with the trauma (could explain sudden "unexplained" aggressive outbursts) 	<ul style="list-style-type: none"> • Alternating between mania and depression • Irritability • Hyper • Depressive symptoms 	<ul style="list-style-type: none"> • Hallucinations • Delusions • Extreme isolation, withdrawal, lack of responsiveness • Disorganized speech • Disorganized behavior • Emotion inappropriate to what is being discussed 	