### SOME MENTAL HEALTH CONDITIONS
COMMON TO PERSONS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (I/DD)

<table>
<thead>
<tr>
<th>DEPRESSION</th>
<th>ANXIETY</th>
<th>POST-TRAUMATIC STRESS DISORDER (PTSD)</th>
<th>BIPOLAR DISORDER</th>
<th>PSYCHOTIC DISORDERS</th>
<th>OTHERS?</th>
</tr>
</thead>
</table>
| • Loss of interest in previously enjoyed activities  
• Sleep disturbances  
• Isolates  
• Fatigued or hyperactive  
• Increased or decreased appetite  
• Distracted easily  
• States feeling "sad" or "hopeless"  
• Says "I want to die" or "I want to hurt myself" | • Restlessness  
• Easily fatigued  
• Excessive worry  
• Physical distress  
• Fear of a particular object or person  
• Fear of leaving the house  
• Sleep disturbances  
• Irritability | • Persistent re-experiencing of trauma  
• Nightmares/fear of sleeping/sleep disturbances  
• Avoiding anything associated with the trauma (could explain sudden "unexplained" aggressive outbursts) | • Alternating between mania and depression  
• Irritability  
• Hyper  
• Depressive symptoms | • Hallucinations  
• Delusions  
• Extreme isolation, withdrawal, lack of responsiveness  
• Disorganized speech  
• Disorganized behavior  
• Emotion inappropriate to what is being discussed |