

Mi Via Self-Direction Fact Sheet



HEALTH CARE
AUTHORITY



Self-direction promotes:

- Personal choice
- Self-determination
- Flexibility
- Independence
- Empowerment
- Control over waiver services
- Control over who provides services
- Control over how services are delivered

What is the concept of self-direction?

Self-direction gives individuals with developmental disabilities (or the people who help them) the ability to decide on a mix of supports and services that work best for their needs.

What is the philosophy of self-direction?

Self-direction gives individuals with intellectual and/or developmental disabilities greater control over their lives and more freedom to lead a meaningful life in the community.

Participants have the authority to exercise decision-making over their waiver services and have the responsibility for managing them in a manner that best meets their needs to achieve outcomes that are important to them. Participants develop his/her individual service and support plan (SSP) and direct all services and supports identified in his/her plan.

What are the Mi Via self-directed waiver's guiding principles?

All participants:

- Have value and potential
- Will be viewed in terms of their abilities
- Have the right to participate and be fully included in their communities
- Have the right to live, work, learn, and receive services and supports to meet their individual needs in the most integrated settings possible within their community

What are the responsibilities of participants?

- Annual Medicaid Recertification with the Income Support Division (ISD)
- Annual Level of Care
- Development of a person-centered plan
- Determine who will be the Employer of Record (EOR) or select an EOR
- Hire and terminate employees/vendors
- Work with the Financial Management Agency (FMA) to enroll hired employees/vendors
- Supervise employee/vendor
- Review and approve time/mileage sheets or Payment Request Forms (PRFs) and submit them to the FMA
- Schedule and attend appointments
- Work with the consultant and notify them of any changes (i.e. phone number, address, email, hospitalization)
- Work with the Third-Party Assessor (TPA) and respond to any Requests for Information (RFI)
- Work with the FMA and respond to any Return to Participant (RTP) notification (requests for information to process payments to employees/vendors)

Who supports participants in self-direction?

- Consultants guide, assist and educate.
- The TPA reviews LOC and requests for Mi Via services.
- The FMA processes payments to service providers (employee/vendor).
- Designated EOR, if not the participant themselves