

SUGGESTIONS FOR ICEBREAKERS

ANSWER THIS!

Have the trainees write on a sticky note a question that they want answered in the training. Then, have them introduce themselves and share their question. Post all questions on a wall chart. During or at the end of training, ask the group to answer the questions.

DOs AND DON'Ts

Have the trainees introduce themselves (i.e., name, where they work, and what they do). Tell them to share either a "Do" or a "Don't" tip for the topic being discussed. Post tips on a wall chart.

PAIR AND SHARE

Have the trainees find a partner, preferably someone that they do not know. Give them three minutes to find out each other's name, position, favorite food, and favorite hobby. Then, have each person introduce his/her partner to the rest of the audience.

MAKING DINNER PLANS

Have the trainees complete the following sentence:

"If I could have dinner with any person, living or not, it would be _____ because _____."

Source: *Results Through Training*. "Icebreakers." Available online: www.RTTWorks.com; <http://www.resultsthroughtraining.com/downloads/Icebreakers.HTML>.