Hank Schrader BSC, L.P.C.C. Dissecting Every Antecedent (DEA) Inc. Behavior Support Consultant

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SEMI ANNUAL REPORT – BEHAVIOR SUPPORT 5/18/21 – 11/18/21

Consumer Name: Jesse Pinkman Jackson Class Member: No

Consumer Address: 123 Methington NW Consumer Phone Number: 505-555-1212 Residential Provider: Bad Breaks

Guardian: Walter White - Legal Guardian

Region of Residence: Metro

Case Management Agency: Better Call Inc.

Case Manager: Saul Goodman

Other Providers: PT – Mike Ehermantraut

SS#: XXX-XX-1234 **DOB**: 11/18/88

Vocational Agency: Refuses **CCS:** Crystalizing Your Dreams Inc.

Annual ISP Date: 5/4/14 Date of Report: 11/15/13

A. SIGNIFICANT LIFE EVENTS FROM THIS TIME PERIOD

- **a.** Mr. Pinkman was hired to cook at a local fast food restaurant Los Pollos Hemanos. He sought this job on his own and has refused job coaching. The owner, Gus Fring has reportedly been communicative with Jesse's guardian and has assured the team that Mr, Pinkman will be given adequate support while on the job.
- **b.** Mr. Pinkman and his guardian had a significant conflict that began in October 2013 and has lasted to the time of this report. The details of this disagreement are unclear as neither party has been willing to discuss.
- **c.** Mr. Pinkman has reestablished contact with two friends (nicknamed 'Badger' and 'Skinny Pete') whom the team is concerned may have been connected to some of the challenges described below.

B. MEDICATION CHANGES FROM THIS TIME PERIOD

a. Jesse continues to refuse all medications.

C. GENERAL SUPPORT

- a. Goals, Progress, and Possible Barriers
 - i. Eight PBSP trainings have been conducted in the past 6 months but only 50% of the current direct support staff have been trained. (PBSP GOAL NOT ACHIEVED)
 - ii. BARRIER: There is high turnover at the residential agency. This has made it very difficult to achieve 100% training at any one time. In addition, due to turnover in the management as well, there has been no residential employee that has been available to be designated as a trainer for PBSP purposes. This has proven to be problematic

in that a large amount of BSC allotted hours have been used doing repeated trainings.

b. Suggestions for Alterations to PBSP and/or ISP

i. The residential staff instability is not in the purview of the PBSP guidance. However, it is clear that without stable staff patterns Mr. Pinkman has had a difficult time maintaining his safety.

D. COMMUNITY INTEGRATION

a. Goals, Progress, and Possible Barriers

- i. Mr. Pinkman has chosen to pursue his own community activities. He states that he "does things with people all the time" and is particularly attached to his friends 'Badger' and 'Skinny Pete'. The guardian's stated request that contact with these individuals be prohibited has proven impossible to fulfill as Mr. Pinkman simply removes himself from staff support when he wants to see them. (PBSP GOAL NOT ACHIEVED)
- **ii.** BARRIER: The goal of using only paid supports to enhance community integration is an oxymoron. Mr. Pinkman has a great deal of skills and established connections. It is difficult to gauge how he integrates into the community as he feels he must escape from his support staff due to the restrictive measures in place.

b. Suggestions for Alterations to PBSPand/or ISP

i. The requirement that Mr. Pinkman's social contacts be approved and his community activities be accompanied has proven impossible to fulfill. Adjustment of the PBSP to accommodate interventions more in line with 'dignity of risk' may be a more effective manner of support.

E. SKILL DEVELOPMENT

a. Goals, Progress, and Possible Barriers

- i. Mr. Pinkman secured employment through his own efforts (PBSP GOAL ACHIEVED BUT OUTSIDE OF TEAM PROCESS)
- ii. Mr. Pinkman has refused to participate in any anger management classes or to discuss these strategies with myself. Discussions about going to classes have led to Mr. Pinkman leaving his residence without staff support and remaining out of contact for up to 48 hours. His most long-term staff member (Skyler) states that she "sneaks some stuff in" to their daily talks but he "laughs about it" and ends up talking about less appropriate ways to solve problems. (GOAL NOT ACHIEVED RECONSIDER)
- **iii.** BARRIERS: As related in the current PBSA, Mr. Pinkman has a history of trauma and a great deal of mistrust for people he perceives to be in authority. This has not been improved since his significant conflict with his guardian.

b. Suggestions for Alterations to PBSP and/or ISP

- i. As Mr. Pinkman is quite resistant to 'going through the team' and tends to take matters into his own hands it may be best to back off some of the requirements for doing things through an official meeting process. This seems to agitate Mr. Pinkman.
- **ii.** While the team believes that Mr. Pinkman needs a larger variety of anger management skills he clearly does not want to participate at the current time.
- iii. The addition of options (declassifying swearing as a challenging behavior, providing a punching bag and reinforcing its use, allowing Mr. Pinkman to take a walk without staff support) more in line with his preferences ("swearing it out" as he calls it, punching walls, taking off) may prove to be more effective. There is disagreement within the team however, as to introducing options such as a punching bag and/or simply ignoring the swearing/removing it from the PBSP. There is significant disagreement about removing restrictions on 'alone time'.

F. CHALLENGING BEHAVIOR

a. Goals, Progress, and Possible Barriers

- i. Swearing: Mr. Pinkman swears regularly in general. Nearly everyone is referred to as "Bi-ch" at one time or another. He does tend to be more appropriate when in certain settings. These events have not been associated with any more serious behavioral concerns. (PBSP GOAL NOT ACHIEVED RECOMMEND DISCONTINUATION)
- ii. Elopement: Mr. Pinkman has removed himself from staff support at least 20 times in the past 6 months. Most of these events have lasted less than 4 hours. One event lasted nearly 48 hours and led to a missing person report. It is notable however that on none of these occasions has Mr. Pinkman encountered any known problem or concerning event that has led to any reported or suspected consequence. He tends to return in a much calmer state of mind per staff reports. (PBSP GOAL NOT ACHIEVED RECOMMEND RECONSIDERATION OF LIMITATIONS)
- **iii.** Property Destruction: Mr. Pinkman has created at least 10 holes in the walls of his house in the past 6 months. This has been mostly associated with him arguing with his guardian or being frustrated in being unable to contact his guardian.
- iv. BARRIER: Walter White Mr. Pinkman's legal guardian has been almost entirely unavailable for the past two months. This makes alteration of the PBSP nearly impossible as he has, in the past, stated that he is "in charge of the team" and that all decisions must go through him.

b. Suggestions for Alterations to PBSP and/or ISP

- i. Remove 'swearing' from PBSP as a challenging behavior if team is of consensus.
- **ii.** Reconsider alone time restrictions as the introduction of these rules has been associated with an increase in the frequency of these events.

G. INTERDISCIPLNARY TEAM FUNCTIONING

a. Goals, Progress, and Possible Barriers

- i. The goal of regular planning/strategy meetings without Mr. Pinkman present has not been achieved. (**PSP GOAL NOT ACHIEVED**)
- **ii.** BARRIER: The team continues to be split regarding the best support structures for Mr. Pinkman. There is a divide between those who recommend tightening restrictions and those who recommend altering goals/interventions to be more in line with Jesse's preferences.
- **iii.** BARRIER: The lack of communication by Mr. White has proven to be a significant barrier to team functioning/collaboration.

b. Suggestions for Alterations to PBSP

i. See Suggestions in sections D-F above.

H. USE OF EMERGENCY PHYSICAL RESTRAINTS IN THIS TIME PERIOD

a. Emergency physical restraint is not recommended in Mr. Pinkman's case (outside of discrete environmental emergencies) due to the high likelihood of injury to staff. No restraint has been reported in the past 6 months.

I. USE OF PRN MEDICATION IN THIS TIME PERIOD

a. Not applicable – no PRN psychotropic medication is currently prescribed.

J. INTERVENTIONS REQUIRING HUMAN RIGHTS COMMITTEE REVIEW

- **a.** Limitations on time without paid support.
- **b.** Monetary payment for property damage.

K. NARRATIVE SUMMARY

Mr. Pinkman is a young man with a high drive towards independence. Instigation of restrictive programs has proven to be correlated with a higher frequency and severity of 'challenging' behavior. A less control-based system of supports that provides a safety net and aligns with Mr. Pinkman's preferences may be worth an attempt.

On a positive note, Mr. Pinkman has recently secured employment and has made a natural connection to Gus Fring, the owner/supervisor at Los Pollos Hermanos. According to Mr. Fring, Mr. Pinkman will be helping to "cook" a variety of "special products" and has already evidenced a real talent for the business. While Jesse stated he wanted to do delivery as well, Mr. Fring stated that this cannot occur due to 'conflicts of interest'. As Mr. Fring is a well known and respected member of the greater Albuquerque community there is a great deal of hope that this will have a happy ending.

Hank Schrader, LPCC

Hank Schrader, BSC , LPCC Behavior Support Consultant November 18, 2013

Date