



trainer by the BSC for initial/basic training only to cover these events. All staff and supports must still receive training from the BSC prior to regular (i.e., non-emergency) shift coverage.

**b. Suggestions for Alterations to PBSP and/or ISP**

- i. Clarify role of designated trainer in PBSP (**ACHIEVED in PBSP update of 8/23/21**)

**D. COMMUNITY INTEGRATION**

**a. Goals, Progress, and Possible Barriers**

- i. Mr. Brody joined the local hiking club and has gone on 2 hikes in the nearby mountains with this group in the past 3 months. (**PBSP GOAL ACHIEVED**)
- ii. Mr. Brody joined a local movie-going group and has gone to 4 movies with this group in the past 4 months. (**GOAL ACHIEVED**)
- iii. BARRIER: Mr. Brody's odd thoughts and statements (e.g., "I'm a US Congressman but I'm undercover for another country") and occasional emotional outbursts (e.g., yelling, becoming verbally aggressive) have led to some awkward interactions in these groups. To date – the staff accompanying Mr. Brody have been able to defuse and redirect these situations effectively. On a more positive note, the vast majority of the time spent in these groups has been positive and Mr. Brody has begun to make some social contacts.

**b. Suggestions for Alterations to PBSP and/or ISP**

- i. Explore other options for prevention/redirection of odd statements – utilize direct support staff expertise/experience to widen options.
- ii. Expand Integration Goals to include more frequent attendance of these events.

**E. SKILL DEVELOPMENT**

**a. Goals, Progress, and Possible Barriers**

- i. Mr. Brody has refused to go to any local gyms to consider exercise classes/gain skills in physical health. (**GOAL NOT ACHIEVED – NO PROGRESS**)
- ii. Mr. Brody has begun to keep a journal to help address some of his concerning thoughts. (**GOAL ACHIEVED – EXPAND**)

**b. Suggestions for Alterations to PBSP and/or ISP**

- i. Work with PT to consider other options to expanding Mr. Brody's skills/interests in physical fitness OR rework ISP to be in line with interests that Mr. Brody is more invested in.
- ii. Maintain use of journal, integrate work from individual counseling (**ADD TO NEXT ITERATION OF PBSP**)

**F. CHALLENGING BEHAVIOR**

**a. Goals, Progress, and Possible Barriers**

- i. Mr. Brody appears to be more in control of his odd statements and reacting to possible delusional thinking since early September 2021. This is perhaps related to the change in antipsychotic medication mentioned above. There remain concerns about the possibility of him acting on these thoughts as he did when he wrote the threatening emails in August 2013. (**PBSP GOAL ACHIEVED – PARTIAL**)
- ii. Mr. Brody has begun to carry a journal with him and write in it with staff support. This was intended to be a space that he could use to express his thoughts and perhaps redirect some of his delusional statements to a non-verbal/non-public domain. While there was little effect noted prior to September 2021 – since the change in medication it appears that Mr. Brody is more likely to use this journal. He is also using the journal in his private therapy sessions. (**PBSP GOAL ACHIEVED – PARTIAL**)

- iii. BARRIER: Mr. Brody's general paranoid style, while somewhat attenuated recently, has continued to affect his interpersonal relationships when he acts on these beliefs. Certain interventions have been effective, but this is a long-standing set of symptoms related to an underlying serious mental health condition.

**b. Suggestions for Alterations to PBSP and/or ISP**

- i. Mr. Brody's computer has been moved to a public area of the house. This is reflected in the PBSP update of 8/23/21 and has been approved by the residential agency HRC.

**G. INTERDISCIPLINARY TEAM FUNCTIONING**

**a. Goals, Progress, and Possible Barriers**

- i. The entirety of Mr. Brody's IDT has been trained on the current PBSP and BCIP  
**(PBSP GOAL ACHIEVED – CONTINUE AT LEAST ANNUALLY)**
- ii. The team was able to work together in a collaborative manner and reached consensus on an intervention regarding use of the internet at his residence **(PBSP GOAL ACHIEVED – ONGOING WITH ALL MAJOR ALTERATIONS TO PBSP)**

**b. Suggestions for Alterations to PBSP and/or ISP**

- i. None Current

**H. USE OF EMERGENCY PHYSICAL RESTRAINT IN THIS TIME PERIOD**

- a. A restraint procedure was utilized per residential records and report on 8/15/21 as Mr. Brody approached his housemate with a closed fist and arm cocked back. This is in line with the current crisis plan which states, "physical intervention may be utilized if Mr. Brody is engaged in an action that has a clear risk of causing harm to self or others." The restraint lasted 30 seconds per staff report and was conducted by an individual who was current in his training.

**I. USE OF PRN MEDICATION IN THIS TIME PERIOD**

- a. Not applicable – no PRN psychotropic medication is currently prescribed.

**J. INTERVENTIONS REQUIRING HUMAN RIGHTS COMMITTEE REVIEW**

- a. Emergency physical restraint – in Behavioral Crisis Intervention Plan
- b. Computer moved out of personal room

**K. NARRATIVE SUMMARY**

During this time period Mr. Brody has been able to expand his social and recreational activities in integrated community settings. He continues to struggle with responding to his sometimes odd or delusional beliefs though the team has evidenced the ability to cohesively work towards supportive solutions. In general, Mr. Brody seems to be improving, his direct support staff are well trained, and his IDT is supportive and creative in addressing goals and challenges.

*Carrie Mathison, LPCC*

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Behavior Support Consultant**

*November 12, 2021*

**Date**