

# Review Introduction to Bureau of Behavioral Support and Behavioral Support Consultation

1. What is the Bureau of Behavioral Support (BBS)?
  - a. Statewide office of DDSD under DOH
  - b. Provides oversight, direction, support and assistance from a Positive Behavior Support perspective.
  - c. Provides crisis supports to crisis providers.
  - d. All of the above

# Review Introduction to Bureau of Behavioral Support and Behavioral Support Consultation

1. What is the Behavior Support Consultation?
  - a. Assist IDT how to best address the persons socialization and sexuality needs.
  - b. Integrate goals, objectives and strategies into the Positive Behavior Support Plan (PBSP) and Teaching and Support Strategies (TSS) as indicated.
  - c. Outline strategies needed for the PBSP.
  - d. All of the above

# Review Positive Behavior Support Assessment Part One

- What is the Positive Behavior Support Assessment (PBSA)?
  - a. Wide ranging dynamic assessment that covers individual history, current patterns, and barriers to both.
  - b. Assessment with details of every aspect of the persons life from birth.
  - c. Main document for justification of Medicaid expenditures.
  - d. Both A and C.

# Positive Behavior Support Assessment Part One

- Why do we do the Positive Behavior Support Assessment (PBSA)?
  - a. Captures a specific period of time in an organized and replicable manner.
  - b. Because we are told to do it.
  - c. Helps to guide the interventions, support methods, staff duties and team needs.
  - d. Both A and C.

# Review Positive Behavior Support Assessment Part Two **Matching**

## Referral Information

- Contains Record reviews
- Contains references to Individuals contributing the information

## Relevant Factors & Domains

- Includes challenges as well as strengths.
- Includes individual attributes, relationships and associated skills, environmental factors, and activity factors.

# Review Positive Behavior Support Assessment Part Two **Short** **Answer**

What is an effectiveness indicator and why do we use the language?

When we see progress in 4 specific areas, we see an increase in positive behavior and a decrease in challenging behavior. These, therefore, are the foundation of the interventions outlined in the Positive Behavior Support Documents.

# Review Positive Behavior Support Assessment Part Two **Short Answer**

What are the four effectiveness indicators?

1. Community Integration/Quality of Life
2. Skill Development
3. Challenging Behavior
4. Interdisciplinary Team Functioning

# Review Positive Behavior Support Assessment Part Three **Short** **Answer**

What is an effectiveness indicator and why do we use the language?

When we see progress in 4 specific areas, we see an increase in positive behavior and a decrease in challenging behavior. These, therefore, are the foundation of the interventions outlined in the Positive Behavior Support Documents.



# Review Positive Behavior Support Assessment Part Three

What is the purpose of the Resource allocation and determination section of the PBSA?

- a. To outline the *Complexity Criteria* as recommended in the Service Criteria.
- b. To outline criteria for the services that allow for additional units, such as Preliminary Risk Screening and Consultation and Crisis supports.
- c. To justify *Clinical Necessity* of the service.
- d. All of the above

# Review Positive Behavior Support Assessment Part Three

What is the purpose for the Service Recommendation and Unit Requests section of the PBSA?

- a. Recommending the level of support the individual needs as defined in the Service Criteria.
- b. Defining the number of Units and expectations for Fading Core Behavior Support Consultation hours.
- c. Defines the *Inclusion and Exclusion Criteria* for approving or denying Behavior Support Consultation Services.
- d. All of the Above.

# Review Positive Behavior Support Plan

What is the Positive Behavior Support Plan (PBSP)?

- a. A document that contains guidelines, suggestions, frameworks and instructions that support the individual.
- b. A document that is focused on methods to make progress on Effectiveness Indicator goals.
- c. A plan to fix the persons behavior.
- d. Both A & B

# Review Positive Behavior Support Plan

What do we use Positive Behavior Support Plan (PBSP)?

- a. Provides a written record of support strategies that are incorporated in the four effectiveness indicators.
- b. Holds providers accountable for following a certain set of support actions.
- c. Includes input from all interested parties.
- d. All of the above.

# Review Positive Behavior Support Plan **Fill in the Blanks**

What are the four essential functions of The Positive Supports Plan (PBSP)?

- a. Identify Positive Behaviors which enhance a supported individual's Quality of Life and have a positive impact on relevant Effectiveness Indicators.
- b. Guide the IDT with recommendations for increasing the likelihood and opportunity the supported individual has for learning, refining, and using Positive Behavior.
- c. Provide specific prevention and intervention Strategies for staff to address Challenging Behavior.
- d. Provide a framework within which the IDT continuously refines their understanding of critical support considerations for the Individual.

# Review Behavior Crisis Intervention Plan

What is the Behavior Crisis Intervention Plan (BCIP)?

- a. Contains recommendations uniquely distinguished from the Positive Behavior Support Plan necessary to manage crisis episodes.
- b. Used when Emergency Physical Restraint (EPR) or law enforcement intervention is recommended.
- c. Capture clear, observable indicators of build-up.
- d. All of the above.

# Review Behavior Crisis Intervention Plan

Why do we have a Behavioral Crisis Intervention Plan?

- a. Provides guidance in extraordinary situations;
- b. Captures interventions that fall into the aversive spectrum.
- c. To use unnecessary physical restraint.
- d. A & B

# Review Semi-Annual Report

What is a Semi-Annual report?

- a. Documents progress toward PBSP goals and must be submitted according to timelines detailed in Chapter 19: Provider Reporting Requirements.
- b. A summation of progress (Effectiveness Indicators).
- c. Documents progress or lack there of.
- d. All of the above.



# Review Semi-Annual Report

Why do we have a Semi-Annual report?

- a. Accountability for treatment progress and intervention considerations.
- b. Reminds us of importance of dynamic assessment.
- c. Uses qualitative and/or quantitative data to describe progress.
- d. All of the above

# Review PRN Psychotropic Medication Plan

What is the PRN Psychotropic Medication Plan?

- a. A plan regarding PRN (as needed) medication for behavioral events.
- b. More of a 'medication avoidance plan' than a plan for administering meds.
- c. A plan to tell staff when to take their meds.
- d. A & B

# Review PRN Psychotropic Medication Plan

Why do we need a PRN Psychotropic Medication Plan?

- a. Provides guidelines for alternative methods of addressing intense events.
- b. Allows for cross-over between behavioral and psychiatric interventions.
- c. Allows for tracking of PRN usage and effect.
- d. All of the Above.

# Review Risk Management Plan

What is the Risk Management Plan (RMP)?

- a. A specific/explicit framework of guidelines and ‘things to watch for’ concerning sexual boundary risk.
- b. Stems directly from the Preliminary Risk Screening Consultation (PRSC) note.
- c. Assists the team in keeping the Individual and other safe.
- d. All of the above.

# Review Risk Management Plan

Why do we have a Risk Management Plan (RMP)?

- a. To document strategies to avoid situations where a clear risk of sexual boundary violation is present.
- b. To document the clearest specific guidelines for supporting the person with sexually inappropriate risk.
- c. To support the team in sharing the risk to avoid over-containment when possible.
- d. All of the above.