

Nutritional Counseling Service

- Nutritional Counseling Services are already available and bundled into the reimbursement rates for the recipients of DD Waiver Family Living, Supported Living and IMLS.
- Nutritional Counseling include the following:
 - perform assessment/evaluation of individual nutritional needs annually or as needed due to a change of condition;
 - develop a nutritional plan, train DSP as needed, and revise plans annually or as warranted by change of condition;
 - participate in collaborative assessment for people who are identified at moderate or high risk for aspiration;
 - train relevant DSP to implement appropriate section of the CARMP;
 - monitor the nutrition portion of the CARMP a minimum of four times a year, revise and retrain as necessary;
 - participate in IDT meetings as needed; communicate information; share documentation and provide training and consultation to IDT members, DSP, and other relevant parties on the person's nutritional needs and implementation of the plan;
 - educate the person to manage his/her own dietary needs via counseling and other nutritional interventions; and
 - monitor the effectiveness of nutritional plan, adjusting plan content and strategies as indicated.