The Transdisciplinary Team Approach

FIT Program Annual Mtg
June 20th 2012
Agenda:

- Introduction & Background - Andy
- National Trends in service delivery - Lynda Cook Pletcher (NECTAC):
  - Evidence based practices
  - Communities of practice and state’s initiatives
  - Overview of research and literature
  - Systems change and implementation
- Implementing Transdisciplinary Team Approach in NM - Judy Kimmel and Andy:
  - Key elements of TTA in New Mexico
  - Implementation Plan
  - Timelines
• Pilot conducted with 4 provider agencies in FY11
  • Self assessment
  • Facilitated planning session
• Presentation at the FIT annual meeting 2011
• Changes to Service Definitions & Standards
• Developed fact sheets and FAQs
• Participation in NECTAC Communities of practice
• Changes based on input from ICC
• Re-branding from “Primary Service Provider Approach” to “Transdisciplinary Team Approach
• Webinar in spring 2012

Background
Contact Us

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National Trends in Service Delivery

Lynda Cook Pletcher
Facilitator of the CoP on service delivery approaches
Defining Transdisciplinary?

- Involves professionals sharing roles and seeing the child as a whole within the context of the family (Gargiulo & Kilgo; Mayhew et al.; Woodruff & McGonigel)
- All team members share their expertise including the family which provides an [integrated] approach without fragmenting services by professional specialty or developmental domain (Dinnebeil, Hale, & Rule)
- ...team members accept and build upon each others knowledge and skill (Pletcher & Younggren)
• Members of a transdisciplinary team cross professional discipline boundaries to achieve service integration by consulting... one another. They do not abandon their discipline, but blend specific skills with other team members to focus on achieve integrated outcomes (Pletcher & Younggren-in press)
### Characteristics of Transdisciplinary Team

<table>
<thead>
<tr>
<th>Component</th>
<th>Multidisciplinary</th>
<th>Transdisciplinary</th>
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<tbody>
<tr>
<td>Philosophy of team interaction</td>
<td>Team members recognize the importance of contribution from several disciplines.</td>
<td>Team members commit to teach, learn and work across disciplinary boundaries to plan and provide integrated services.</td>
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<tr>
<td>Lines of communication</td>
<td>Typically informal; members may not think they are part of a team.</td>
<td>Meets regularly to share information and to teach and learn across disciplines; consultation and teaming are fundamental.</td>
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<td>Component</td>
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<tr>
<td>IFSP Development</td>
<td>Members develop separate plans for intervention within their own disciplines.</td>
<td>Staff and family develop plan together based on functional assessments. The family is valued as an active member with decision-making role.</td>
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<tr>
<td>IFSP Implementation</td>
<td>Implemented separately by disciplines and separate visits by disciplines.</td>
<td>One person works most frequently with the family and other members consult and support them including through co-visits.</td>
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**Characteristics of Transdisciplinary Team**
• We are using the term “approach” as we are promoting a set of key elements to be used rather than a set model implemented with fidelity.
• “Lead” person identified and listed on the IFSP who will work most frequently with the family
• Consultation* between members of the IFSP team, in order to promote:
  • Alignment strategies
  • Coordinated approach
  • Collaboration between team members
• Co-visits between members of the IFSP team

*Up to 12 hours per year per discipline is billable for consultation between team members (without the family present)
Transdisciplinary Team Approach – Doesn’t look the same for each family

<table>
<thead>
<tr>
<th>Family</th>
<th>Visits from their DS (lead)</th>
<th>Co-Visits from the DS and SLP</th>
<th>Visits from the nurse</th>
<th>Team Meets Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emilio and his Family</td>
<td>1 x week</td>
<td>1 x month</td>
<td>1 x quarter</td>
<td>once a month (1 hour)</td>
</tr>
<tr>
<td>Brianna &amp; her Family</td>
<td>1 x week</td>
<td>2 x month</td>
<td>1 x quarter</td>
<td>2 x month (1/2 hr)</td>
</tr>
<tr>
<td>Monica &amp; her Family</td>
<td>2 x month</td>
<td>1 x month</td>
<td>1 x month</td>
<td>Team meets every other month (1 hour)</td>
</tr>
<tr>
<td>Arthur &amp; his Family</td>
<td>1 x week</td>
<td>1 x day</td>
<td>2 x month</td>
<td>Team meets once a month (1 hour)</td>
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</table>
Phase I Begins: 10/1/12

1st On-site = 1 day Self-Assessment

Phase II Can Begin earlier than 3/31/13

Phase II Must Begin: 4/1/13

2nd On-site = 2 days Implementation Plan

Support = Quarterly Conf Call

Implementation Phase = One Year from 2nd On-Site Visit
(Within one year agency will be serving all new families with TTA)
• Conf. Calls with Agencies - July-Sept 2012
  ◦ Orientation/Overview
  ◦ Schedule Phase I On-site Visit (one day)
  ◦ Identify Agency’s Core Team
• Maximum of 8 people (can be less)
• Representation
  ◦ EC Coordinator (per location/county)
  ◦ DS (Lead or representative of role)
  ◦ FSC (Lead or representative of role)
  ◦ Therapist (staff or contract)
  ◦ Others (at discretion of agency)
Phase I
Purpose: Completion of the Self-Assessment Process and Tool

- 1 Day On-Site Visit
  - Agency Core Team
  - FIT/ECLN Facilitation Team
- Orient to TTA and Timeline
- Begin Self-Assessment Process-Part I & II
- Identify Support Needs for Part III Completion
- Schedule 2-Day On-Site Visit for Phase II
Phase II
Purpose: Development of agency Implementation Plan

- 2 Day On-Site Visit
  - Agency Staff and Contractors
  - FIT/ECLN Facilitation Team
- Orient to TTA and Timeline
- Review of Self Assessment Info
- Development of Implementation Plan
- Identify Support Needs
- Schedule Quarterly Conf Calls
• Begins one year from date of Phase II On-Site visit.
• Within one year agency will be serving all new families with TTA
• Quarterly conf calls for support
• Training, TA and other support as needed
TTA Initiative Timeline

- **Pre Phase 1** (July 01, 2012 – Sept 01, 2012) – planning with agency
- **Phase 1 Self-Assessment** (Oct 01, 2012 – March 31, 2013) (one day)
  - Part 1 - onsite
  - Part 2 – onsite
  - Part 3 – online survey
- **Phase 2 Implementation Planning** (April 01, 2013 – Oct 01, 2013) (two days)
  - Day 1-review of Self-Assessment; discussions & explorations of Approach & 7 Key Principles
  - Day 2-Facilitated planning
- **Implementation year**
  - Implement with all new families within one year