Parenting requires support...
it really does take a village...
who will be your village?

Remember... You are not alone!

New Mexico Home Visiting programs are available all over the state of New Mexico. To find a Home Visiting program near you:
www.cyfd.org/content/home-visiting
What we do...

♥ Come to see you in the convenience of your home
♥ Offer support and listen to you and what you have to say
♥ Answer questions about your baby’s development
♥ Help connect you with resources in your community

Benefits of home visiting...

♥ Support for you, your baby and your family’s well-being
♥ Better understand how your baby lets you know what she wants
♥ Discover ways to use your relationship with your baby to support his development
♥ Better understand the baby blues

“There’s no such thing as a baby. There’s a baby and someone.”
- Donald Winnicott

Research shows...

♥ What a child experiences in their first years of life makes a big difference in how their brain will develop and how they will interact with the world throughout their life.
♥ Nurturing parent—infant/toddler interactions are critical to the development of a secure attachment, best possible development in all areas of functioning, and is associated with greater success during the school years.

Babies get what they need from you and we are here for you and your baby.

From day one, the little things you do can make a big difference in your baby’s life!

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