

# The Autism Programs

## Young Adult Compass Program

April 11-13, 2018

**Goal:** The Young Adult Compass Project will create a community to support young adults with ASD and their peers to discover their life journey through a training that emphasizes self-determination, active participation, and identification of interests, strengths, and barriers.

**What:** A three-day retreat for 16 young adults, 18-26 years of age, with and without Autism Spectrum Disorder

**Where:** Isleta Casino and Resort. This retreat will run simultaneously with the Imagine Conference

**When:** Retreat – April 11-13, 2018

(Three-day and two-night retreat)

Follow-up – April through September

(Two meetings per month in Albuquerque, and online for participants residing more than 50 miles outside of Albuquerque.)

**How Much:** Selected participants will be asked to pay a \$25 deposit that will be returned to them after completing the retreat.

**Who:** Participants must be 18-26 years old &

- Able to complete a written application and participate in a verbal interview
- Have a diagnosis of ASD or not
- Comfortable participating in an overnight retreat experience

**Why you would want to participate:**

- Introduces you to an incredible community of young adults
- Gives you guidance on your journey through adulthood
- Helps you gain skills for independence
- Helps you increase your social opportunities
- Helps you challenge and empower yourself to determine your next steps

### What to do now:

1. Go to CDD website: <http://www.cdd.edu>
2. Click on Young Adult Compass Program Application page.
3. Complete the fill in application and save it to your desktop.
4. Email application to: [mastuart@salud.unm.edu](mailto:mastuart@salud.unm.edu)
5. If you do not have access to email, deliver in-person to 2300 Menaul NE, ABQ, NM 87107
6. If you need assistance with the application, email Angie Stuart at: [maStuart@salud.unm.edu](mailto:maStuart@salud.unm.edu)
7. Wait to be contacted via email or phone by February 26 to set up interview.
8. Interviews will be held February 26—March 9, 2018